

## 1. ASTRA

- (a) Altrusa Clubs are encouraged to sponsor ASTRA Clubs for youths between the ages of 11 and 25. The sponsoring Altrusa Club shall foster the spirit of Altruism in the ASTRA members through a focus on community service and recognition of the world community.
- (b) The age limitation in Section (a) above is not applicable to ASTRA Clubs organized within post-high school educational institutions.
- (c) The International ASTRA Committee has developed the ASTRA Advisers' Manual, which includes model ASTRA Bylaws. It is the reference guide for the creation, care and nurturing of ASTRA clubs.
- (d) An ASTRA Club may be chartered by International when it has achieved the strength of 15 members.
- (e) Each Altrusa Club sponsoring an ASTRA Club shall:
  - (i) develop and maintain the ASTRA club in accordance with the ASTRA Advisers' Manual
  - (ii) notify International upon such ASTRA Club's formation and chartering;
  - (iii) ensure the name of the chartering club includes the word ASTRA (e.g. ASTRA Club of \_\_\_\_\_);
  - (iv) include information about the ASTRA Club in its Club Annual Report;
  - (v) actively work with and encourage the efforts of the ASTRA Club;
  - (vi) establish a separate ASTRA Committee;
  - (vii) publicize ASTRA within Altrusa's organization and in the community;
  - (viii) encourage the educational goals of ASTRA Club members by awarding scholarships to and/or helping find scholarships for them; and
  - (ix) provide career planning and leadership training through ASTRA Club activities and by serving as mentors and role models for ASTRA members.
  - (x) complete the ASTRA Club Annual Report and submit by June 1.
  - (xi) complete survey of their ASTRA members who are 18 years and older annually in April or May using the Alumni Information Sheet and submit this data to International by June 15
- (f) Each year International shall publish a directory of ASTRA Clubs including information regarding the sponsoring Altrusa Club, sponsoring school name, if applicable, and the email address and phone number of ASTRA Club Chair or Advisor.

- (g) Each sponsoring Altrusa Club is encouraged to send ASTRA representatives to International Convention and District Conference. International shall sponsor workshops or special programs for ASTRA Clubs and their sponsors at Convention.
- (h) Altrusa International shall sponsor International Service Awards recognizing outstanding community service by ASTRA Clubs. These awards shall be funded by the Altrusa International Foundation, Inc. All ASTRA Clubs are eligible to submit entries for the International Service Awards.
- (i) Each ASTRA Club shall be covered by International's liability insurance policy.
- (j) The International BRR Chair and the Legal Advisor review and report to the International Board of Directors any proposed changes to the ASTRA bylaws, as provided in the ASTRA Advisers' Manual. The ASTRA Bylaws and the ASTRA manual in their entirety are to be approved by the International Board of Directors.